



My Home, My Way

A collection of information and resources
to assist people with a disability
to thrive in their **own** home!

The National Alliance of Capacity Building Organisations is excited to announce the launch of its new website, **My Home, My Way!**

My Home, My Way provides a range of resources, written or produced by people with a disability and their supporters, from all over Australia. There are even some resources from overseas! These resources are from change makers – people who have challenged the idea that the only option for people with developmental disabilities, once they leave their family home, is to live in a group home.

Through stories, videos, podcasts and other information, you will discover how people, no matter what their needs, are living in their own home and enjoying rich and meaningful lives as part of their local neighbourhoods!



Visit www.myhomemyway.com.au

The My Home, My Way website has a wealth of information to assist in thinking about the first steps, different options, support, community and thriving in one's own home.



Watch videos and stories

On the website you will also find a number of videos. Some produced by the My Home, My Way project as well as some other great contributions from people with disabilities living in their own home.



Listen to podcasts

You can also listen to a range of podcasts from people with a disability, their families and supporters. Search My Home, My Way on any of the major podcast apps or visit the My Home, My Way website.



Read articles

On the My Home, My Way website you will find plenty of articles and information to read. You will also find links to information and exercises to assist in your thinking and planning about home.



Follow us on Facebook as we reveal new podcasts and videos each week.