



With guest speakers
**Jessica and Julianne
Menzies**



10:30am – 1:30pm NSW, Vic, Tas (AEDT)

10:00am – 1:00pm SA (ACDT)

***Please check your timezone
for other locations**

MY HOME MY WAY 2-Part Workshop online via Zoom

Monday 23 & Tuesday 24 February 10.30am to 1.30pm AEDT

**Learn about individualised living and the innovative ways people with disability have
created their own home, while getting the support they need to live a good life.**

About the workshop

Home is a vital part of our lives. It gives us security, privacy, comfort, and control. It reflects our identity and adulthood, and shapes how we belong and connect in our neighbourhoods and communities.

Yet often for people with disability, home is designed and controlled by others.

Join this two half day workshop to hear about Individualised living arrangements and the innovative ways people with disability have created their own home, while getting the support they need to live a good life.

Topics covered over two half days:

- What are individualised living arrangements?
- What is important to consider?
- Building and holding a positive vision
- Planning and first steps
- Options for home and creative supports
- NDIS funding for individualised living
- Barriers, challenges and fears
- Set up for long term safety and success
- Stories about people living in their own home with a range of supports

It's important to attend both sessions.

Guest speakers

Julianne Menzies has devoted her time to defining and refining what her daughter Jessica's Good Life can be. Jessica Menzies is an artist and lives in her own home with the support of housemates. She has an intellectual disability. Julianne and Jessica will provide insight into their commitment to support Jessica's choice of where to live and who to live with.

Who should attend?

People with disability, their families, professionals and advocates Australia-wide.

This is a paid event:

- \$20 (ex GST) for people with disabilities and families (able to claim from their NDIS plan)
- \$22 (incl GST) for people with disabilities and families (not claiming on their NDIS plan)
- \$0 for people who find the ticket price challenging at this time
- \$44 (incl GST) for professionals

Bookings:

<https://bit.ly/MyHomeMyWayFeb2026>



This workshop is an initiative by the National Alliance of Capacity Building Organisations (NACBO) and the Inclusive Lives: Possibility to Reality Project

Questions? Call us 1800 774 764 or email info@ric.org.au