



Fostering Friendship & Community Connections

FREE WORKSHOP

Hornsby Library
28-44 George St, Hornsby
Thursday 5 November
6pm to 8pm AEDT

Join this free, face-to-face workshop to explore practical strategies that enable people with disability to identify and explore opportunities to build meaningful relationships and to be naturally included in their local communities.

We all deserve the Good things of life – family, friends, connection to the community, a sense of belonging, opportunities to learn and develop, meaningful work, a place to call home, personal and financial security and the chance to follow dreams and passions.

For people with disability, developing and nurturing the connections and relationships central to a good life can require more intentional planning and support.

This two-hour workshop is for anyone who wants people with disability to experience a full and rich life. This includes people with disability, their families, friends and other supporters, professionals, as well as community members.

We are delighted that we will be joined by Family Leader **Sarah Harvey**, who will share her own experiences of implementing strategies to support her sons to live rich lives embedded in the community.

Meet our Guest Speaker



Sarah Harvey has been associated with Family Advocacy for about 10 years. Her family's vision for their sons includes them enjoying a satisfying social life with strong relationships in their local community. This has led Sarah to become very intentional about building genuine connections over time.

Who is this workshop for?

Anyone who wants people with disability to experience a full and rich life.

This includes people with disability, their families, friends and other supporters, and community members.

Register now by scanning the QR code. Bookings are free!

<https://bit.ly/FriendshipsNovember2026>



Questions? Call us 1800 774 764 or email info@ric.org.au