

Creating a Vision

Considering a good life

What would the good life be for? *(Insert the person's name)*. Consider the typical things that other people their age enjoy and experience. For example, a typical ten year old likes; friends, play dates, new experiences, things to learn in; music, sports, dance, art, excursions, having friends over and joining in with others at school.

List the typical things that people who are years old enjoy and experience?

List 5 to 10 things that you would like to see present in the everyday life of

What would you like other people to know about..... in order for her/him to experience a good life?

If you were to give a message to.....about his/her future, what would the message be?

What are the key things you would hope would continue in’s life if you were no longer around?

Adapted from Sullivan, Belonging Initiative, 2010